

## **Kamloops Forklift Training Course**

Kamloops Forklift Training Course - OSHA and CSA establish criteria for forklift safety training that meets current standards and regulations. Anyone planning to operate a forklift is required to successfully finish safety training prior to making use of whichever kind of forklift. The accredited Forklift Operator Training Program is meant to offer those training with the practical skills and information to become an operator of a forklift.

There are forklift operation safety rules that should be followed pertaining to pre-shift inspections, and rules for loading and lifting.

An inspection checklist must be carried out and submitted to the supervising authority before beginning a shift. When a maintenance problem is uncovered, the use of the specific equipment must be discontinued until the issue has been addressed. To indicate the machinery is out of service, the keys must be removed from the ignition and a warning tag placed in a place that is visible.

Loading safety rules include checking the forklift nameplate's rating capacity and determining if the load weight falls within capacity. The forklift forks should be in the down position when the forklift is starting up. Remember that there is a loss of about one hundred pounds carrying capacity for every one inch further away from the carriage which the load is carried.

To be able to safely lift a palletized load, drive the forklift to the pallet and stop with the fork three inches away from the load. Level the mast until it is at right angles to the load. Lift the forks to one inch beneath the slot on the pallet and drive forward. Then lift forks four inches. Tilt back the load to secure it for moving. Drive the lift in reverse if the load obscures frontal vision. Check behind and honk to warn other workers. Never allow forks to drag on the ground.

The load must be loaded by the forklift in such a way that ensures the load is secure and would not cause a hazard to other people or objects. Restraining loads is required for materials which might shift during transport and destabilize the forklift.

In order to prevent the movement of drums, drums can be strapped together to lessen movement. Forklift operators should drive slowly when transporting liquids, to lessen instability in the forklift.